

COLLABORATING FOR COMPREHENSIVE CARE

Pregnancy and Life Assistance Network



Her PLAN facilitates collaboration between assistance providers and their communities to empower women and families through comprehensive medical, social, and material support.

www.herplan.org

info@herplan.org



Her PLAN Goals

Connect and Aid Life-Affirming Assistance Providers

We help providers collaborate to aid in fulfilling their mission to serve women and families. These connections are the core of Her PLAN and inform all we do.



Connect Community Organizations and Life-Affirming Assistance Providers

Women and families are best served when communities and providers strongly support one another's work. Communities additionally benefit from knowing where to find help for themselves and others.



Fill Service Gaps

When our directories reveal service gaps, we work with the Her PLAN network, bringing together community organizations and assistance providers to assess and fill needs.



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We need Her PLAN. If we would just work together and organize we could change the culture, where children and families thrive and communities support one another.

— Meaghan Lane, Program Director
Catholic Charities of the Diocese of Arlington | Pregnancy and Adoption Services

Her PLAN NETWORK

Assistance providers collaborate to serve women and families but are not formally or legally affiliated and do not support or refer for abortion.



View network directories at www.herplan.org

Her PLAN Service Categories



MENTORSHIP

Pregnancy help and case management

HEALTH AND WELL-BEING

Women's medical services (e.g. ob/gyn)
Support services for women (e.g. breastfeeding)
General health services (e.g. primary care, dental)

FINANCIAL ASSISTANCE, WORK, OR EDUCATION

Financial assistance
Work opportunities
Education opportunities

MATERIAL OR LEGAL SUPPORT

Transportation
Food and nutrition
Clothing, household goods, and baby supplies
Housing, shelters, and maternity homes
Legal support

RECOVERY AND MENTAL HEALTH

Addiction or suicide intervention
Intimate partner violence, sexual assault,
or sex trafficking
Counseling for women and families
Abortion recovery and healing

PRENATAL DIAGNOSIS

Disability support organizations
Medical interventions for baby
Perinatal hospice resources
Pregnancy and infant loss support

CARE FOR CHILDREN

Childcare help
Children's health care
Family and parenting education
Adoption services
Foster and short-term care

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It troubles me deeply to think that if there were a substantial increase in unplanned pregnancies and births, our community would be completely unprepared to support these mothers and children. The caring and compassionate thing to do is to be ready to help. That is the reason for Her PLAN.

– Cheryl Bachelder

Former CEO of Popeyes Louisiana Kitchen and author of *Dare to Serve*



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Her PLAN is a project of Susan B. Anthony List Education Fund

ENDORSED BY:



American Association of Pro-Life
Obstetricians and Gynecologists
www.aaplog.org



American College
of Pediatricians
www.acped.org